Tool: Reflective Essay of Students

As an Educator you can encourage students to compose reflective essays where they contemplate the course content and their experiences, considering the potential impacts on their personal growth.

After reviewing and assessing these essays, you might glean insights into the students’ leadership journey and your own role in their development through the application of i5 methods and pedagogy into your class.

You can employ the following guiding questions, as well as integrating elements from the "Reflective Log for Students" tool:

1. What transformations have I observed within myself during this past semester, which I attribute to the pedagogical methods (i.e. the way the professor structured the course or class, excluding the actual content, topic, or subject matter), employed in this course?
2. How has it contributed to my personal and individual growth?
3. How do I believe it could support my future self as a “responsible decision maker” and “sustainability leader”, recognizing that every individual possesses leadership potential?

As previously mentioned, this tool could also be used to enhance the grading and course evaluation procedures.