Project Girls
For Girls
Project Girls For Girls (G4G) was born at the Harvard Kennedy School in 2016/2017 when a group of graduate students from across the globe recognized that in every corner of the world, something is holding women back from leading in the public sphere.
The Challenge

Although women can vote and run for public office in nearly every country, they are still severely underrepresented in legislative bodies, as heads of state, in c-suite and nonprofit leadership positions worldwide.

At the current rate of progress, it will take 131 years to reach full parity!

The Opportunity

Though the gender gap is wide, it is closing slowly but steadily.

We can accelerate this progress by mobilizing female leaders to inspire and support the next generation to play a greater role in public leadership.
G4G Global Team
Mission

Girls For Girls helps young women develop the courage, vision, and skills to take on public leadership.

Bringing together insights from key leaders and a global network of mentors, we are working to grow the pipeline of women in public leadership.

We believe in the voices of young women, their hopes and aspirations, and their power to change the world.
7000 mentees

1300 + mentors

18 active countries

*Updated in first quarter of 2022*
Girls For Girls
Portugal
@NOVA
NOVA SCHOOL OF BUSINESS & ECONOMICS
Program Framework

Mentorship

Inspiration & Learning

Network
Mentorship Circles

Local **learning and support communities** for small groups of promising young women (18 to 35) led by an accomplished woman leader.

Anchored in workplaces, schools, universities, neighborhoods, and other community spaces.
Inspiration & Learning

The Program includes a series of group meetings with guest mentors to discuss personal experiences, aspirations, and challenges. Each session has a theme:

- Courageous leadership
- The Art of Communication & Storytelling
- Negotiation: Advocating for Yourself & Others
- Public Leadership & Community Service
- Values-Based Decision Making

The modules were developed with input from Harvard professors who are a reference in their field: in leadership (Nancy Kohen), negotiation (Kessely Hong), political leadership (Steve Jarding), and the art of communication (Tim McCarthy).
Network

An online platform **connects** current participants and alumni who have completed mentorship circles and creates space for young leaders to connect and find **tools, training, and inspiration** to support their journey.
Impact

89 mentees (18-35+) completed the programme | 17 new mentors trained - 6 led follow-up cohorts

The programme addresses specific fears and challenges that the mentees experience prior to participating. The experience of sharing them with other women is a critical step in growing confidence and self-esteem.

Mentees reported “increased confidence” as a key outcome of participating in G4G, as well as increased trust in their skills.

Mentees report experiencing improvement in their skills as a result of the program. Communication, negotiation and decision making are highlighted as critical areas for most mentees.

Most mentees report that participating in G4G changes their perception of leadership. And for others it supports them with “more tools to be my own leader and lead others in a meaningful way.”

Mentees overwhelmingly report that G4G supported them in identifying or overcoming those challenges.

Mentees find the programme inspirational or very inspirational. And they highly recommend it to their peers.
“Women in leadership positions have a multiplying effect...and female role models in leadership positions help adolescent girls to aspire to leadership.”

- Harvard Women in Public Policy Program
There were a lot of moments that I will take with me. The common thing about them is that they empowered me.

I would like to thank all of the wonderful and strong women that throughout the program shared their experiences and knowledge with us. Their voice empowered me and broke limiting thoughts that I didn’t even realize I had.

It’s striking how helpful it is to talk to other inspiring women and to learn what their struggles in life are and how they overcome it. G4G gave me the possibility to connect with these women and to learn from them.

We need more women leaders in the world and we are the perfect candidates to become one.

It was a really special journey, and I feel more women, especially at younger ages, should have access to all the things we discussed.
Opportunities

- Mentors training
- Co-facilitation
- Sharing experience
- Support with setting up a country chapter
Connect with G4G Portugal
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